



Alexandra Gkoritsa

Licensed Psychologist (License No.20.10.2023/1282163) with experience in diagnosing and treating mental health disorders. Skilled in building rapport with patients and providing CBT sessions. Compassionate and highly organized professional, committed in performing all duties in accordance with rules of ethics.

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📍 Athens, GR

Skills

Active listening

Empathy

Unconditional Positive Regard

Decision making

Problem solving

Languages

Greek Native

English | Advanced

Work History

Clinical Psychology Intern

June 2022

Neuropsychiatric clinic "Galene"

January 2023

- Provided psychotherapy to individuals with diverse mental health disorders in a supervised setting
- Conducted psychological assessments and developed treatment plans
- Collaborated with a multidisciplinary team to provide comprehensive care for patients

Education

Training in Cognitive Behavioral Therapy (CBT)

September 2024

September 2028

University Research Institute of Mental Health (EPIPSY), Athens

- Accredited program with supervised clinical practice
- Assessment, diagnosis and intervention in anxiety, mood and personality disorders

MSc in Clinical Psychology

September 2021

Utrecht University, Utrecht, NL

May 2023

- Individual Thesis: A Pilot Study of Intolerance of Uncertainty in Females with Anorexia Nervosa

Psychodiagnostics: Theory and Skills Training (Course)

July 2021

August 2021

Utrecht Summer School, Utrecht University, Utrecht, NL

Deree ACG International Honors Program (IHP) Student

January 2017

January 2020

Deree The American College of Greece, Athens

- Significant projects
 - "The Face of Addiction: A Modern Analogy Between Medicine and Technology" (Type: artifact) presented in the 4th Annual Student Research and Creative Arts Symposium (06/2018)
 - "Anorexia Nervosa: The Universality of a Mental Prison" (Type: artifact)
 - presented in the 5th Annual Student Research and Creative Arts

Symposium (06/2019) presented in the meeting with the Board of Trustees of Deree ACG(28/06/2019)

· IHP Individual Thesis: The "Deficient" Self: Vulnerable Narcissism and Anxiety Attachment in Anorexia Nervosa (In partial fulfillment of the requirements for the IHP)

Bachelor of Arts in Psychology

Deree The American College of Greece, Athens, GR

September 2015

January 2020

· Individual Psychology Dissertation: The Effect of Parenting on Grandiose Narcissism: The Mediating Role of Narcissistic Entitlement