



# Alexandra Gkoritsa

Licensed Psychologist (License No.20.10.2023/1282163) with experience in diagnosing and treating mental health disorders. Skilled in building rapport with patients and providing CBT sessions. Compassionate and highly organized professional, committed in performing all duties in accordance with rules of ethics.

+30 6940653202

alexgk1997@gmail.com

Athens, GR

## Skills

Active listening  
Empathy  
Unconditional Positive Regard  
Decision making  
Problem solving

## Languages

Greek Native  
English | Advanced

## Work History

### Clinical Psychology Intern

June 2022  
January 2023

Neuropsychiatric clinic "Galene"

- Provided psychotherapy to individuals with diverse mental health disorders in a supervised setting
- Conducted psychological assessments and developed treatment plans
- Collaborated with a multidisciplinary team to provide comprehensive care for patients

## Education

### Training in Cognitive Behavioral Therapy (CBT)

September 2024  
September 2028

University Research Institute of Mental Health (EIPSY), Athens

- Accredited program with supervised clinical practice
- Assessment, diagnosis and intervention in anxiety, mood and personality disorders

### MSc in Clinical Psychology

September 2021  
May 2023

Utrecht University, Utrecht, NL

- Individual Thesis: A Pilot Study of Intolerance of Uncertainty in Females with Anorexia Nervosa

### Psychodiagnostics: Theory and Skills Training (Course)

July 2021  
August 2021

Utrecht Summer School, Utrecht University, Utrecht, NL

### Deree ACG International Honors Program (IHP) Student

January 2017  
January 2020

Deree The American College of Greece, Athens

- Significant projects
  - "The Face of Addiction: A Modern Analogy Between Medicine and Technology" (Type: artifact) presented in the 4th Annual Student Research and Creative Arts Symposium (06/2018)
  - "Anorexia Nervosa: The Universality of a Mental Prison" (Type: artifact) – presented in the 5th Annual Student Research and Creative Arts

Symposium (06/2019) presented in the meeting with the Board of Trustees of Deree ACG(28/06/2019)

- IHP Individual Thesis:The "Deficient" Self: Vulnerable Narcissism and Anxiety Attachment in Anorexia Nervosa (In partial fulfillment of the requirements for the IHP)

## **Bachelor of Arts in Psychology**

September 2015

**Deree The American College ofGreece, Athens, GR**

January 2020

- Individual Psychology Dissertation: The Effect of Parenting on Grandiose Narcissism: The Mediating Role of Narcissistic Entitlement